### SCHEDULE AT A GLANCE  
**THURSDAY, JUNE 25**

#### PRE-CONGRESS WORKSHOPS AND MASTER LECTURES

<table>
<thead>
<tr>
<th>Time</th>
<th>Workshop 1</th>
<th>Workshop 2</th>
<th>Workshop 3</th>
<th>Workshop 4</th>
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<th>Workshop 7</th>
<th>Workshop 8</th>
<th>Workshop 9</th>
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<tr>
<td>6:30 PM - 8:00 PM</td>
<td>WELCOME AND OPENING PLENARY SESSION</td>
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## SCHEDULE AT A GLANCE  FRIDAY, JUNE 26

<table>
<thead>
<tr>
<th>TIME</th>
<th>TOPIC</th>
<th>INVITED SPEAKER</th>
<th>VIRTUES / STRENGTH</th>
<th>CULTURE / GLOBAL</th>
<th>CLINICAL / LIFESPAN</th>
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<tr>
<td>7:00 AM - 8:00 AM</td>
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<td>CONTINENTAL BREAKFAST Exhibit Hall - Veracruz B/C</td>
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<td>8:00 AM - 9:15 AM</td>
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</table>
|                    |       |                 |                    |                  | P2: Mirror Flourishing: Appreciative Inquiry and the Designing of Positive Institutions  
                           David Cooperrider, Ph.D.  
                           Coronado J/H |
| 9:15 AM - 9:45 AM  |       |                 |                    |                  |                     |
|                    |       |                 |                    |                  | BREAK |
| 9:45 AM - 10:45 AM | Track 1| IN1: Positive Psychology and Clinical Psychology: Emerging Promises and Translational Challenges  
                           Carmelo Vasquez, Ph.D. |
|                    |       | SY1: Research on Character & Virtues  
                           R. McGrath |
|                    |       | Ch1: Positive Psychology Associations Around the World  
                           L. Sansom |
|                    |       | IPS1: Clinical Applications (Selected Oral Presentations) |
| 10:45 AM - 11:00 AM|       |                 |                    |                  | BREAK |
| 11:00 AM - 12:00 PM| Track 2| IN2: Sacred Moments: A Hidden Ingredient of Resilience and Change  
                           Carol Ryff, Ph.D. |
|                    |       | WK3: From Grief to Gratitude: Implementing Positive Psychology’s Gratitude Interventions in Recovery from Loss  
                           K. Gallup |
|                    |       | IPS4: Cultural Differences (Selected Oral Presentations) |
|                    |       | SY4: Positive Psychotherapy: Diverse Ways of Applying in Clinical Settings  
                           T. Rashid |
| 12:00 PM - 1:30 PM |       |                 |                    |                  | Interest Group Lunch in the Exhibit Hall  
                           Veracruz B/C |
| 1:30 PM - 2:30 PM  | Track 3| IN3: Past, Present and Future Perspectives of Eudaimonic Well-being  
                           Kenneth Pargament, Ph.D. |
|                    |       | SY7: Building Strength: tools for the Positive Psychology Practitioner  
                           S. Polly |
|                    |       | IPS6: Positive Psychology in the Middle East (Selected Oral Presentations) |
|                    |       | WK6: Wrong To Strong: Using Positive Psychotherapy For People With Chronic Mental Illness And Intellectual Disabilities  
                           D. Tomasulo |
| 2:30 PM - 3:30 PM  |       |                 |                    |                  | BREAK |
| 3:30 PM - 4:30 PM  | Track 4| IN4: Well-being: Perspectives from Affective and Contemplative Neuroscience  
                           Richard Davidson, Ph.D. |
|                    |       | SY11: When Happiness Has a Bad Day  
                           L. Alloro |
|                    |       | IPS9: Well-being Across Contexts (Selected Oral Presentations) |
|                    |       | SY12: Positive Clinical Psychology: Underpinning, Intervention & Process  
                           E. Bohimeijer |
| 4:30 PM - 4:45 PM  |       |                 |                    |                  | BREAK |
| 4:45 PM - 5:15 PM  |       |                 |                    |                  | AWARDS CEREMONY  
                           Coronado J/H |
| 5:15 PM - 6:15 PM  |       |                 |                    |                  | P3: Capitalism, Values and Large Scale Flourishing  
                           Jonathan Haidt, Ph.D.  
                           Coronado J/H |
|                    |       | CH3: Positive Psychology in China  
                           Y. Zhao  
                           7:00 PM - 9:00 PM |
<table>
<thead>
<tr>
<th>HEALTH / INTERVENTION</th>
<th>EDUCATION</th>
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<th>MINDFULNESS</th>
<th>MEASURES / SCIENCE</th>
<th>WORK / ORGS.</th>
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<tbody>
<tr>
<td>Fiesta Ballroom 5</td>
<td>Fiesta Ballroom 6</td>
<td>Fiesta Ballroom 7-10</td>
<td>Coronado C-D</td>
<td>Monterey</td>
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**CONTINENTAL BREAKFAST Exhibit Hall - Veracruz B/C**

**P2: Mirror Flourishing: Appreciative Inquiry and the Designing of Positive Institutions**
David Cooperrider, Ph.D.
Coronado J/H

**BREAK**

**WK1: An Introduction in the Principles of the Positive Health Search to Improve Flourishing at the Population Level**
J. Walburg

**IPS2: Education and Schools**
(Selected Oral Presentations)

**SY2: The Importance of Good Positive Relationships for Creating Flow**
L. Lassen

**WK2: Mindful Engagement: A Practical and Positive Tool for Leadership Development**
S. Ashford

**IPS3: Happiness and Eudaemonism**
(Selected Oral Presentations)

**SY3: Positive Negotiations: Theoretical Foundations and Empirical Explorations**
F. Harinck

**BREAK**

**SY5: To Be Extraordinary: Exploring Exceptionally Positive Deviance in People and Organization**
K. Thiel

**WK4: Breaking Good: Teaching Positive Psychology as a Catalyst for Growth and Transformation**
B. Smith

**CH2: Promoting Best Practice in Positive Psychology: Benefits and Risks of Professional Autonomy and Inclusivity**
D. Veila-Brodrick

**IPS5: Meaning**
(Selected Oral Presentations)

**SY6: Leading-edge Methods, Measures, and Findings in Positive Psychology Research**
K. Adair

**WK5: Connecting Positive Psychology to Practicing Lawyers**
D. Shearon

**Interest Group Lunch in the Exhibit Hall - Veracruz B/C**

**SY8: Second Wave Positive Psychology: Embracing the Dark Side of Life**
I. Ivzanz

**IPS7: Schools and Education**
(Selected Oral Presentations)

**SY9: Genetics of Psychological Well-being**
M. Pluess

**WK7: How to Increase Happiness and Flow in Your Career**
J. Stratton

**SY10: Science of Positive Psychology**
S. Donaldson

**IPS8: Organizations and Success**
(Selected Oral Presentations)

**Poster Session 1**

**WK8: Positive Health: Using Soaringwords’ Altruism and Reciprocity Interventions to Help Patients Flourish Amidst Serious Illness**
L. Buksbaum

**SY13: Positive Education 3.0: Positive Students, Positive Schools and Positive System**
L. Waters

**SY14: Elevating Elevation II: Highlighting the Utility of a Discrete Positive Emotion**
A. Thompson

**SY15: Advancements in the Theory and Application of Flow**
O.C. Davis

**WK9: Developing and Delivering Positive Education Training for Teachers and Parents Within a School Community**
J. Robinson

**WK10: Authentic Leadership 2.0**
K. Thacker

**BREAK**

**AWARDS CEREMONY**
Coronado J/H

**P3: Capitalism, Values and Large Scale Flourishing**
Jonathan Haidt, Ph.D.
Coronado J/H

**SIPPA IDEA BOUNCE**
6:30 PM - 8:30 PM
<table>
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| 8:00 AM - 9:15 AM | Track 5: INS: Turning Organizations Positive: An Invitation to Cultural Surgery  
Robert Quinn, Ph.D.  
CH4: Defining and Measuring Compassionate Integrity: Doing the Right Thing for the Right Reason for the Right Impact on Others  
C. Keyes  
SY16: Positive Psychology in Europe: Flourishing and Well-being on a Population Level  
D. Gundmundsdottir  
IPS10: Physiological Findings (Selected Oral Presentations)  
P4: Fully Charging Your Work and Life  
Tom Rath  
Coronado J/H |
| 9:15 AM - 9:45 AM | BREAK                                                                 |
| 9:45 AM - 10:45 AM| Track 6: IN5: Turning Organizations Positive: An Invitation to Cultural Surgery  
K. Cameron, Ph.D.  
M. Csikszentmihalyi, Ph.D.  
E. Fredrickson, Ph.D.  
J. Haidt, Ph.D.  
M. Seligman, Ph.D.  
C. Vazquez, Ph.D.  
SY19: Deepening our Understanding of Gratitude: International Perspectives  
L. Waters  
IPS12: Positive Psychology in Asia (Selected Oral Presentations)  
WK14: Application of Positive Interventions in Child and Youth Psychotherapy  
P. Streit |
| 10:45 AM - 11:00 AM| BREAK                                                                 |
| 11:00 AM - 12:00 PM| Track 7: IN7: The Power of Optimism (and Gratitude, Good Relationships, Accomplishment...)  
Rhonda Cornum, MD, Ph.D.  
SY22: The Hope-Barometer and Positive Attributes Survey 2015  
A. Krafft  
WK15: Building Teacher Resiliency: Mentoring with a Growth Mindset and Signature Strengths  
L. Lunsford  
IPS16: Positive Psychology and Young People (Selected Oral Presentations) |
| 12:00 PM - 1:30 PM | Lunch in Exhibit Hall                                                 |
| 1:30 PM - 2:30 PM | Track 8: IN8: Positive Organizational Scholarship: A Professional and Personal Journal  
John Kim, Ph.D.  
SY25: Character Strengths Use at Work  
C. Harzer  
W18: Using the Language of Positive Psychology in the Classroom  
P. O’Grady  
SY26: Leaning Into Discomfort: Courage, Sisu, and the Strength to Pursue the Life Well-lived  
C. Pury  
P5: Heart-Brain Dynamics: The Role of Self-Regulation and Psychophysiological Coherence in Optimal Functioning  
Rollin McCraty, Ph.D.  
Veracruz B/C |
| 2:30 PM - 3:30 PM | Poster Session 1                                                      |
| 3:30 PM - 4:30 PM | Track 9: OPTIONAL ACTIVITIES:  
Movie Screening: Saving Mr. Banks - Fiesta Ballroom 5  
IPPA Rocks the World: Saturday Night Celebration with Soaringwords + Zumba® - Coronado K |
| 4:30 PM - 4:45 PM | BREAK                                                                 |
| 4:45 PM - 5:45 PM | RECEPTION                                                              |
| 5:45 PM - 6:30 PM | OPTIONAL ACTIVITIES:  
Movie Screening: Saving Mr. Banks - Fiesta Ballroom 5  
IPPA Rocks the World: Saturday Night Celebration with Soaringwords + Zumba® - Coronado K |
<table>
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<td>Fiesta Ballroom 7-10</td>
<td>Coronado C-D</td>
<td>Monterey</td>
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**CONTINENTAL BREAKFAST**

- Exhibit Hall: Veracruz B/C

**P4: Fully Changing Your Work and Life**

Tom Rath

Coronado J/H

**BREAK**

- WK11: Training Coaches to Help Clients Enhance their Well-being
  - S. Foster

- SY17: International Developments in The Application of Positive Psychology in Education
  - M. White

- WK12: Positive Presenting: Techniques to Increase your Presence and Somatic Well-Being
  - S. Polly

- SY18: Momentary Assessment of the Quality of Life
  - J. Nakamura

- IPS11: Spirituality, Flow, and Values (Selected Oral Presentations)

- WK13: Neuroplasticity, in Clinical Practice and Business
  - M. Merzerich

**BREAK**

- IPS13: Coping with Challenge (Selected Oral Presentations)

- SY20: Progress in Positive Education
  - L. Oades

- SY21: Can We Enhance Flourishing? Evidence from RCTs and Meta-Analysis
  - L. Weiss

- IPS14: Mindfulness (Selected Oral Presentations)

- CH5: Focusing the Fire: Connecting Researchers, Practitioners and Consumers
  - M. McDonough

- IPS15: Positive Psychology at Work (Selected Oral Presentations)

- Move Screening: North of Normal
  - M. Montijo

- Movie Screening: The Boy and the Bus
  - S. Pitts

- SY39: The Future of Positive Psychology Intervention
  - A. Parks

- SIPPA Mentoring Event

**Poster Session 2**

- SY23: Positive Psychology and Disability: Current Research, Best Practices, and New Directions
  - R. Niemiec

- SY24: Creating Positive Universities: Broadening the Reach of Positive Education into Higher Education
  - S. Green

- WK16: Romance and Research: Connecting the Head and the Heart
  - J. Pawelski

- CH6: 36 Questions - A Bridge Between Film & Psychology
  - J. Coffey

- IPS17: Enhancing Happiness (Selected Oral Presentations)

- WK17: Positive Identity Infusions: A Tool for Building Thriving Engagement In Organizations
  - J. Dutton

**BREAK**

- P5: Heart-Brain Dynamics: The Role of Self-Regulation and Psychophysiological Coherence in Optimal Functioning
  - Rollin McCraty, Ph.D.
  - Coronado J/H

**RECEPTION**

**OPTIONAL ACTIVITIES:**

- Movie Screening: Saving Mr. Banks - Fiesta Ballroom 5
- IPPA Rocks the World: Saturday Night Celebration with Soaringwords + Zumba® - Coronado K
## Schedule at a Glance  Sunday, June 28

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Invited Speaker</th>
<th>Virtues / Strength</th>
<th>Culture / Global</th>
<th>Clinical / Lifespan</th>
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<tr>
<td>7:00 AM - 8:00 AM</td>
<td>Continental Breakfast</td>
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<td>Exhibit Hall - Veracruz B/C</td>
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<td>8:00 AM - 9:00 AM</td>
<td>P6: Positivity Resonates</td>
<td>Barbara Fredrickson, Ph.D.</td>
<td>Coronado J/H</td>
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<td>9:00 AM - 9:15 AM</td>
<td>Break</td>
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<td>K. Sheldon</td>
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<td>10:15 AM - 10:30 AM</td>
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<td>11:30 AM - 12:00 PM</td>
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<tr>
<td>12:00 PM - 1:00 PM</td>
<td>Track 11</td>
<td>IN11: My Search for Flourishing</td>
<td>Corey Keyes</td>
<td>WK29: Putting Your Strengths to Work</td>
<td>WK30: Applying Positive Psychology in the Helping Professions: an Integrative</td>
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<td>1:00 PM - 1:15 PM</td>
<td>Break</td>
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<tr>
<td>1:15 PM - 2:30 PM</td>
<td>P7: Positive Psychology and the Importance of Culture</td>
<td>Mihaly Csikszentmihalyi, Ph.D.</td>
<td>Coronado J/H</td>
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To see full abstracts go to [www.ippanetwork.org/wcpp2015/abstracts](http://www.ippanetwork.org/wcpp2015/abstracts)
## SCHEDULE AT A GLANCE

**SUNDAY, JUNE 28**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00 AM - 8:00 AM</td>
<td>CONTINENTAL BREAKFAST Exhibit Hall - Veracruz B/C</td>
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</tbody>
</table>
| 8:00 AM - 9:00 AM | **P6:** Positivity Resonates  
Barbara Fredrickson, Ph.D.  
Coronado J/H                          |
| 9:00 AM - 9:15 AM | BREAK                                                                    |
| 9:15 AM - 10:15 AM | **Track 9**  
**IN9:** Positive Psychology in China  
Kaiping Peng, Ph.D.  
**WK20:** Transforming Business through Compassion  
J. Hakanen  
**SY31:** Freedom and Responsibility in Cultural Context  
K. Sheldon  
**WK21:** Being Better: Rewriting Our and Others' Adolescence  
M.E. Garassini  
**SY32:** Online Positive Psychological Interventions: From Development to Implementation  
S.M.A. Lamers  
**SY33:** A Pivotal Partnership for Understanding and Optimizing Positive Education  
D. Vella-Brodrick  
**SY34:** What's All the Hype? Big Data and Positive Psychology  
M. Kern  
**SY35:** Contemplative Science as a Resource for Positive Psychology, presenter stays as is  
B. Ozawa-de-Silva  
**SY36:** Infusing Positive Psychology in Educational Environments  
C. Chaves  
**SY37:** Advances in Research on Eudaimonia  
V. Huta  
**WK22:** What Role Does Well-being Play in the Study of Literature?  
M. White  
**WK23:** Positive Business - Authentic Engagement in Productivity  
P. Teagarden                          |
| 10:15 AM - 10:30 AM | BREAK                                                                    |
| 10:30 AM - 11:30 AM | **Track 10**  
**IN10:** Well-Being in Bhutan  
Karma Tshiteem, Ph.D.  
**WK24:** Beyond Self-Doubt and the Science of Self-Efficacy and Self-Confidence  
L. Jewell  
**WK25:** Meaning at Work: Using Meetings in Organizations to Create Meaning  
I. Ravn  
**IPS19:** Family and Life Span (Selected Oral Presentations)  
**WK26:** Positive Emotions and Creativity at Work  
S. Langley  
**WK27:** Mindful Decision Making: A Workshop on How to Make Decisions That Make Us Happy  
D. Nir  
**WK28:** Restore Yourself: The Antidote for Professional Exhaustion  
E. Greenblat  
**SY38:** The Future of Work & Organizations in Positive Psychology  
M. Rao                          |
| 11:30 AM - 12:00 PM | BREAK                                                                    |
| 12:00 PM - 1:00 PM | **Track 11**  
**IN11:** My Search for Flourishing  
Corey Keyes  
**WK29:** Putting Your Strengths to Work  
M. McQuaid  
**WK30:** Applying Positive Psychology in the Helping Professions: An Integrative Framework  
M. Tarragona  
**WK31:** Systematic Training in Sustainable Forms of Compassion  
B. Ozawa-de-Silva  
**IPS20:** Coaching, Mentoring, and Self-Development (Selected Oral Presentations)  
**IPS21:** Positive Education (Selected Oral Presentations)  
**WK33:** Using the Well-Being Profiler for Schools  
T. Chin  
**CH7:** Writing about Positive Psychology for a General Audience  
J. Marsh  
**IPS22:** Measurement (Selected Oral Presentations)  
**WK32:** Finding Opportunities to Apply Positive Psychology in the Workplace Everyday  
S. Lewis                          |
| 1:00 PM - 1:15 PM | BREAK                                                                    |
| 1:15 PM - 2:30 PM | **TOPIC**  
**INVITED SPEAKER**  
**VIRTUES / STRENGTH**  
**CULTURE / GLOBAL**  
**CLINICAL / LIFESPAN**  
**HEALTH / INTERVEN**  
**EDUCATION**  
**WELL-BEING**  
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**ROOM**  
Yucatan  
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Fiesta Ballroom 1-4  
Coronado A/B  
Coronado E/F/G  
Yucatan  
Fiesta Ballroom 5  
Fiesta Ballroom 6  
Fiesta Ballroom 7-10  
Coronado C-D  
Monterey                          |
| 2:30 PM | **P7:** The Positive Humanities: A New Approach to Human Flourishing  
James Pawelski, Ph.D.  
Coronado J/H                          |